

SHEQ Monthly Briefing – 01/2024

Overconfidence

It's good to feel confident with your job. However, the situation will lead to overconfidence – The moment you forget about the hazards and fail to carry out safe work practices.

How do you avoid overconfidence when it comes to safety matters? Here are some suggestions:

- Stay aware of the hazards.
- Remain alert and focus on doing the job safely.
- Follow the recommended safe work practices at all times, do not take short cuts.
- Wear your Personal Protective Equipment every time.
 Pay attention during safety meetings. You may have heard it all before, but a reminder never hurts.

You have a responsibility to set a good example for newcomers.

Do things in the safe way, there is always someone who may be watching and learning from you. Never let overconfidence compromise your safety.

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